



# ELEIKO



## 7<sup>th</sup> International Eleiko – Women Weightlifting Grand Prix

13. – 16. May 2010 • D- 99885 OHRDRUF • GERMANY  
Weightlifting Club Ohrdrufer SV

# ELEIKO



# 7th International Eleiko Women's Weightlifting Grand Prix

Konrad Högg – Head of the Organizing Committee,  
Rudolf Bieblstrasse 46, A - 5020 Salzburg,  
Tel.:0043-664-3842105, E-mail: [Eleiko-News@gmx.net](mailto:Eleiko-News@gmx.net)

**Re: Invitation to the 7th International "Eleiko" Women's Grand Prix from 13th to 16th May 2010 in D-99885 Ohrdruf - Germany.**

## Important information:

- 1.) Room reservations must be made through the organizer, Konrad Högg-Head of the Organizing Committee. Prices (as of May 2009) are published in the invitation.
- 2.) The technical meeting will take place on Thursday, 13<sup>th</sup> May 2010, at approx 19.00. The venue is D-99885 Ohrdruf - Goldberghalle. The competitions will be held on 14th and 15th May 2010.
- 2.) Preliminary entries (advance notification) must be sent by 14th March 2010 (e-mail or date of post mark!). The organizer must be in receipt of final entries by 14th April 2010 at the latest.
- 3.) Following competitions on Saturday, the Grand Prix party (banquet) will take place at approx. 20.30 at the competition venue. The Grand Prix party is free of charge for all lifters, coaches and team leaders with an accreditation, any other person will be charged € 22. Victory ceremonies for the winning team, the six best lifters overall, the three best U-20 athletes and the three best U-17 athletes will be held at the Eleiko Grand Prix party.

Yours sincerely,

Konrad Högg – Head of the Organizing Committee

Burkhard Duderstadt - Manager

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Rudolf Bieblstrasse 46, A - 5020 Salzburg,  
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Salzburg - Ohrdruf, December 2009

## **Invitation: “Eleiko Women's Grand Prix - 2010”**

- Organization:** Weightlifting Club – Ohrdufer SV - Germany  
Konrad Högg - Head of the Organizing  
Committee/ Burkhard Duderstadt -  
Manager
- Date:** 13 - 16 May 2010
- Venue:** D 99885 Ohrdruf – Germany – Goldsporthall,  
Ohrdruf ist situated about 30 km south  
of Erfurt and Erfurt Airport. The  
distance from airport Altenburg and  
Leipzig/Halle is about 180 km.
- Weigh-in and start:** Final schedule will be published after the final entry.
- Admission:** All athletes with a valid licence entered by clubs/federations by  
means of the enclosed form.
- Competition specs:** [Eleiko Women's Grand Prix:](#)  
Athletes have to be born 1996 or earlier (14 years and older)!
- Olympic total in the seven weight categories:  
48 kg, 53 kg, 58 kg, 63 kg, 69 kg, 75 kg und + 75 kg
- [Eleiko - Girls' Grand Prix:](#)  
Athletes born 1997 – 1999  
Scoring on Sinclair points
- Team scoring:** Four athletes from one federal state or  
country, scoring on Sinclair points.
- Premiums/prizes:** [Eleiko Women's Grand Prix:](#)  
The first three athletes in each weight category will receive a prize.  
Extra prize: the best three participants according to Sinclair points  
will be awarded an extra prize.
- [Eleiko - Austria Girls' Grand Prix:](#)  
The first six athletes according to Sinclair points will be awarded a  
prize.

- Accreditation: All participants (lifter – coach – team leader) pay an entry fee of € 50. Referees do not have to pay the Accreditation. The amount has to be paid to the below-mentioned account until 14th April 2010 which is also the final entry date.  
Account Name: Konrad Högg – Eleiko Grand Prix  
Name of the Bank: Hypobank Salzburg  
IBAN: AT41 5500 0119 0000 8566  
BIC: SLHYAT2S
- Entry after 14th April: The price for entry after the 14th April is € 100 per lifter.
- Accommodation: Room per night including breakfast  
Single: € 40 – € 50 per person  
Double: € 35 – € 45 per person  
Triple: € 35 – € 40 per person  
Full Board : Breakfast - Lunch - Supper  
Per night € 65 – € 75 Euro per person in a double or a twin, € 80 in a single
- Further Information: Transfer: Airport Erfurt – Ohrdruf– Airport Erfurt € 25 Euro per person.  
Transfer: Airport Altenburg – Ohrdruf – Airport Altenburg and Airport Leipzig/Halle – Ohrdruf – Airport Leipzig/Halle on request.  
  
Grand Prix Party (including dinner and two drinks): € 22 Euro per person  
The Grand Prix Party is free of charge for athletes, coaches and officials holding an accreditation.
- Preliminary entry: 14th March 2010 (date of postmark or e-mail!)
- Final entry: 14th April 2010 (date of postmark or e-mail!)
- Entries: By mail to:  
Konrad Högg, Rudolf Bieblstrasse 46, A - 5020 Salzburg  
E-mail: [Eleiko-News@gmx.net](mailto:Eleiko-News@gmx.net)  
Entry forms are to be completed by the club/federation and entry fees have to be paid. The clubs/federations are responsible for the entries.
- Doping test: Doping tests can be carried out at the competition. The selected athletes will be informed immediately after the end of the competition of their group. If an athlete fails to appear at the commission in time, this will be

regarded as positive test with the corresponding sanctions.

Other information: Participation in the competition is at each lifter's own risk.  
The Administrative and Technical Rules of the IWF will be applied.

Accommodation: Please book through Konrad Högg, Rudolf Bieblstrasse 46, A –5020 Salzburg, e-mail: [Eleiko-News@gmx.net](mailto:Eleiko-News@gmx.net) by the entry date 14<sup>th</sup> April 2010.

Signed: Weightlifting Club – Ohrdrufer SV:

Konrad Högg – Head of the Organizing Committee  
Burkhard Duderstadt – Manager

Information :

1st place on Sinclair points € 300

2nd place on Sinclair points € 200

3rd place on Sinclair points € 100

**Provisionary Schedule:**

13th May 2010

Arrival of Delegations  
19.00 : Technical meeting

14th May 2010

Competition

15th May 2010

Competition

Eleiko Grand Prix Party

16th May 2010

Departure of Delegations

